



Bowman's Hill Wildflower Preserve

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Native Plants to Attract Birds

Birds have relied on native plants for food and shelter for millions of years. Many birds use nuts, berries and seeds as a food source and hummingbirds sip the nectar from flowers. If you grow these native plants for backyard birds, they will return the favor by dispersing seeds and hummingbirds will provide essential pollination services. Insects also use plants for food and shelter, providing birds with high protein food to feed their young. So add some colorful movement and song to your backyard and enjoy the show.

| <u>Botanical Name</u> | <u>Common name</u> | <u>Height</u> | <u>Color</u> | <u>Nectar</u> | <u>Fruit/Seeds</u> |
|---------------------------------------|------------------------|---------------|------------------|---------------|--------------------|
| <u>Herbaceous perennials</u> | | | | | |
| <i>Aquilegia canadensis</i> | Eastern columbine | 1' - 2' | red and yellow | X | |
| <i>Coreopsis</i> spp. | Tickseed | 2' - 5' | yellow | | X |
| <i>Delphinium exaltatum</i> | Tall larkspur | 2' - 6' | blue, violet | X | |
| <i>Dicentra eximia</i> | Fringed bleeding-heart | 1' | pink | X | |
| <i>Echinacea</i> spp. | Coneflower | 2' - 3' | varies | | X |
| <i>Epilobium angustifolium</i> | Fireweed | 2' - 6' | magenta | X | |
| <i>Helianthus</i> spp. | Sunflower | 4' - 8' | yellow | | X |
| <i>Heliopsis helianthoides</i> | False sunflower | 2' - 5' | yellow | | X |
| <i>Hibiscus moscheutos</i> | Swamp rose-mallow | 4' - 5' | pink, white, red | X | |
| <i>Impatiens</i> spp. | Jewelweed | 2' - 5' | orange, yellow | X | |
| <i>Lilium</i> spp. | Lily | 2' - 8' | orange, red | X | |
| <i>Lobelia cardinalis</i> | Cardinal-flower | 3' | scarlet | X | |
| <i>Monarda</i> spp. | Bee-balm, Bergamot | 2' - 4' | varies | X | |
| <i>Penstemon</i> spp. | Beard-tongue | 1' - 3' | white to purple | X | |
| <i>Phlox</i> spp. | Phlox | 2' - 4' | white to purple | X | |
| <i>Rudbeckia</i> spp. | Coneflower | 2' - 5' | yellow, orange | | X |
| <i>Silene regia</i> | Regal pink | 2' - 3' | scarlet | X | |
| <i>Silene virginica</i> | Fire-pink | 1' - 3' | scarlet | X | |
| <i>Silphium</i> spp. | Rosinweed | to 7' | yellow | | X |
| <u>Trees, Shrubs and Vines</u> | | | | | |
| <i>Amelanchier</i> spp. | Shadbush, Juneberry | to 30' | white | | X |
| <i>Aronia</i> spp. | Chokeberry | to 10' | white | | X |
| <i>Campsis radicans</i> | Trumpet-creeper | vine | scarlet | X | |
| <i>Cornus</i> spp. | Dogwood | to 30' | white | | X |
| <i>Gaylussacia</i> spp. | Huckleberry | to 6' | red, white | | X |
| <i>Ilex</i> spp. | Holly, Winterberry | 4' - 45' | white | | X |
| <i>Juniperus</i> spp. | Juniper | to 30' | evergreen | | X |
| <i>Lindera benzoin</i> | Spicebush | 6' - 12' | yellow | | X |
| <i>Lonicera sempervirens</i> | Trumpet honeysuckle | vine | orange-red | X | |
| <i>Magnolia</i> spp. | Magnolia | to 30' | white to green | | X |
| <i>Myrica pensylvanica</i> | Bayberry | 3' - 6' | green | | X |
| <i>Nyssa sylvatica</i> | Black gum | to 80' | greenish-white | | X |
| <i>Quercus palustris</i> | Pin oak | to 80' | yellow-green | | X |
| <i>Rosa</i> spp. | Rose | 1' - 6' | pink | | X |
| <i>Sambucus canadensis</i> | American elder | 6' - 10' | white | | X |
| <i>Vaccinium</i> spp. | Blueberry, Cranberry | <1' - 10' | white to pink | | X |
| <i>Viburnum</i> spp. | Viburnum | to 15' | white | | X |

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